

# Medication Manager

Helping you take charge of your medications™



## Use the Medication Manager chart to help you keep track as you take your medications.

### How to use this Medication Manager chart:

1. First, write in the days of the week at the top of the chart.
2. Then, on the left side, write in the names of your medications on the lines provided.
3. On the first day, write the time of each dose on the line provided next to the box.
4. Place a check in the box as you take each dose (Remember, one dose could include multiple pills).
5. Use the second chart to keep track of daily readings such as glucose levels and blood pressure.
6. Use the notes section to record information such as side-effects, comments or questions.
7. If you need to, make additional copies of either chart.
8. Ask your Walgreens pharmacist if you have any other questions.

Did this service help you? Please send us an email at [compadv@walgreens.com](mailto:compadv@walgreens.com) and tell us your story

**Walgreens can print this chart on your next store visit and include all of your current medications automatically! Check with your Walgreens pharmacist for more information, or to sign up for this service.**



**Write in your medications on the lines below, the days of the week at the top of the chart , and the time of day on the line in the first column. Each day, as you take a medication, place a check mark in the corresponding box to indicate that you took your dose.**



please write in days of the week here →

	Day:							
<b>Example: Aspirin 81 Mg – (1 tablet daily)</b>	8 AM	✓	✓	✓				
Name of medications:	Time of day: _____							
	_____							
	_____							
	_____							
	_____							
	_____							
	_____							

Use this section for recording daily readings such as glucose levels and blood pressure, etc.



please write in days of the week here →

type of reading:	—								
	—								
	—								
	—								
	—								

*Notes/questions for doctor*

*Notes/questions for pharmacist*

*Side-effects and other comments*