



Happy you. Healthy you.

HELLO WORK & LIFE

Your Rewards Resource

Work & Life Resources is an employee assistance and work/life support program available to all team members, dependents and other household members. Administered by Beacon Health Options, this **free and confidential** program helps manage the everyday demands of your work and personal life. It's a friendly, supportive solution for those times in your life when you feel overwhelmed and need some guidance. Trained specialists governed by federal and state law, as well as professional ethics and licensing, are standing by — ready to assist you 24/7. To learn more, call **1-855-777-0078** or visit www.workandliferesources.net/walgreens.

Services

- Work and Career Support
- Family and Relationships
- Financial Services
- Legal Services
- Depression care
- Emotional Well-Being
- Crisis Management
- Post trauma support
- Childcare and Eldercare
- Research & Referrals
- Grief Support
- Work and Life Balance

Support work/life balance with your own personal assistant!

We all have that to-do list that never seems to end. Work & Life Resources can help in areas such as child care, summer camps, education, pet care, and travel. Your specialist will work with you and provide customized information based on your request.

Financial Services

Free 30-minute telephonic consultation with a CPA, financial planner, budget specialist, certified credit counselor, certified divorce financial analyst, or licensed securities broker. Consultation is available for personal financial issues including wage garnishments, tax preparation, child support, saving for college, retirement planning, and many others.

Counseling Services

Three free face-to-face sessions per year per issue with a clinician in your community. You can also visit, talk by phone or video(on your mobile device), with a counselor for different issues during the year. Counseling can address the full range of human experience, including relationships, career transition, major life changes, marriage and family conflicts, depression, child and elder care, anxiety and stress, physical or emotional abuse, family substance abuse concerns, eating disorders, and work & life balance. The counselor will also provide helpful referrals as needed.

Identify Theft

Free 60-minute telephonic consultation with an Identity Fraud Specialist who conducts seven emergency response activities to help restore your identity and good credit.

Walgreens Work & Life Resources

1-855-777-0078

24 hours a day,

7 days a week

www.workandliferesources.net/walgreens

Employee Assistance Program to help find solutions for everyday life.

Cut out and place in your wallet.



Legal and Mediation

One free 30-minute, face-to-face, or telephonic consultation from your mobile device, with a local attorney or mediator.

- If you choose to hire the attorney or mediator, services are available at a 25% discount from the attorney's usual hourly rate.
- Among the many legal and mediation matters include alimony, child support, adoption, living wills, power of attorneys, foreclosures, divorce, child custody, bankruptcy, landlord/tenant issues, traffic violations, and subpoenas.

Web Resources

The Work & Life Resources website is your personal virtual library on nearly all aspects of living -relationships, emotional wellbeing, family, financial, legal and work.

- Over 200 topics and thousands of pages of content
- Customize and download a legal will, leases, personal and business documents appropriate to your state; access many resources on family law, bankruptcy, civil issues, consumer rights and other helpful tools
- Calculate a mortgage or auto loan, whether to rent or buy, whether a Roth or Traditional IRA is better for you, how to develop a budget, your retirement spending amount and many other practical issues
- Engaging materials on work and life topics such as articles, webinars, audio-learning, interactive quizzes, self-assessments, news, website links and newsletters

www.workandliferesources.net/walgreens

Eligibility

Full-time and part-time team member of one of Walgreens family of companies or eligible subsidiaries regardless if enrolled in Walgreens health plan. The program also covers everyone residing within the team member's household, as well as dependents under age 26, away at college. Team members covered by a collective bargaining agreement will be subject to the terms of such agreement and may or may not be eligible for this plan. In addition, under COBRA, continuation of coverage will continue for 18 months after your employment ends, at no cost.

Call **1 855-777-0078** for more information (hearing impaired call 1-800-832-9559) or www.workandliferesources.net/walgreens.

Services under this plan do not replace medical care. In an emergency, seek help immediately. To view the complete Summary Plan Description (SPD) for this Work and Life Resources benefit, please visit myHR and search Work and Life Resources SPD. To receive a written copy of this SPD, please send written request to: Walgreens Work & Life Resources Plan, 1901 E. Voorhees St. MS #625, Danville, IL 61834.